



MIMICO CRUISING CLUB

2010 SAILING INSTRUCTIONS

1. GENERAL

These instructions apply to the Mimico Cruising Club weekly races normally held on Wednesday nights. Separate instructions may be issued for other events. Amendments to these instructions may be made at any time. Such amendments shall be in writing and posted on the racing notice board no later than 17:00 hrs on the day of the race for which the amendments take effect.

NO race will be started if the wind instrument on the Committee Boat registers less than a sustained 2 knots.

2. ELIGIBILITY

Any boat owned by a member of the Mimico Cruising Club (or an outside Club that has applied to the Fleet Capt. & approved by the Sailing Comm.) may participate in Club races providing it has registered and carries sufficient liability insurance. If a member/owner's boat is to participate in a club race and the member is not present, the member shall inform the General Manager or Fleet Captain the name of the person who will be in charge of the boat during the race. (MCCRule 7.2)

3. RACE RULES

All races will be sailed under the current Racing Rules of Sailing (RRS) of the International Sailing Federation (ISAF) as published by the C.Y.A. except as modified herein, together with these Race Instructions, constitute the Race Rules.

4. COURSE

The course to be used will be selected from the Marks of EYC/MCC or otherwise as posted. The starting mark will normally be #9. The sequence in which the Marks are to be rounded will be displayed on the Committee Boat starting with the number of the first Mark on the left hand side of the display with the number of the next Mark to the right. The Mark Rounding Sequence for Divisions 1 and 2 will be displayed on the Committee Boat prior to the Warning Signal. The Mark Rounding Sequence for the Shark Division will be a windward /leeward course consisting of the 1st number displayed, returning directly to the start mark - Three Times Around. The Mark Rounding Sequence for Division 3 will be a windward /leeward course consisting of the 1st number displayed followed by its reciprocal mark directly across the race course, returning to the 1st mark, and finishing at the starting mark. In the event of a missing mark the race committee may, (a) use a drop mark in the vicinity of a missing mark or (b) during a postponement – if a change of course is signalled, the course for Div 3 shall be as posted on the Committee Boat, with the Div. Sailing all the Marks as posted. All marks will be rounded to port unless a Green Flag is flown on the Committee Boat in which case they will be rounded to starboard.

5. DIVISIONS

Divisions' Splits will be determined and posted by the Race Committee. A boat must fly its Division Flag from its backstay as follows:

Shark Division (Shark One Design)	- None
Division 1 (Small White Sail)	- Solid Blue
Division 2 (Large White Sail)	- Solid Yellow
Division 3 (Spinnaker)	- None

A boat without a backstay may fly its Division Flag from the highest stern rail or from some other form of rigging so long as it is located aft of the helmsman in his/her normal position and is clearly visible.

If sufficient boats are registered, a Division may be split into two parts for scoring purposes. Such a split of the fleet will be announced prior to the first race. There will only be one start, in either case, for the Division.

6. STARTING

Prior to starting a race all boats must report to the Race Committee on the course. This should be done by crossing past the transom of the Committee Boat on starboard tack and hailing the Committee Boat, indicating an intention to race. Boats failing to report may be considered non-starters. MCC will use Start as outlined in the CYA/ISAF Rules of Racing. Boats will start by Divisions as follows:

6:14	Warning	Horn	
6:15	White Shape Up	Gun	Preparatory Shark Div.
6:16	I Flag Up	Horn	
6:19	I Flag Down	Horn	
6:20	White Shape Down	Gun	Start Shark Div.
*	Blue Shape Up	Gun	Preparatory Div. #1
6:21	I Flag Up	Horn	
6:24	I Flag Down	Horn	
6:25	Blue Shape Down	Gun	Start Div. #1
*	Yellow Shape Up		Preparatory Div. #2
6:26	I Flag Up	Horn	
6:39	I Flag Down	Horn	
6:30	Yellow Shape Down	Gun	Start Div. #2
*	Red Shape Up	Gun	Preparatory Div. #3
6:31	I Flag Up	Horn	
6:34	I Flag Down	Horn	
6:35	Red Shape Down	Gun	Start Div. #3

note: * as soon as practical after lowering previous shape/flag

The starting line will be between the orange flag on the Committee Boat and the nearest Mark of the course (normally Mark 9) or a pole topped with Code Flag "M" if placed. The Race Committee may use a distance marker in which case no boat may pass between the distance marker and the Committee Boat. Any boat that fails to cross the starting line within 15 minutes of its start will be considered a non-starter.

If the Committee Boat has to move off station prior to all boats starting, it will leave a Marker and all boats still to start will cross the line between this Marker and the nearest Mark.

After the Warning Signal the Race Committee may disqualify without the right to protest (a) any boat that interferes with a prior starting boat or (b) any boat deemed to be in the starting area at any time prior to its Preparatory Signal. The starting area is defined as the area inside one half of the length of the starting line beyond each end of the line and the same distance behind and ahead of the line.

Although the Race Committee will attempt to hail all premature starters by sail number it is the individual skipper's responsibility to ensure that they have started properly. In the event that there are unidentified premature starters the Race Committee may signal a General Recall. The first division subject to recall will start five minutes after all other scheduled starts. The Preparatory Signal being the start signal of the prior starting division. Subsequent recalled divisions will start at further five-minute intervals in the sequence of recall occurrence.

7. FINISHING

This section supersedes Rule 33 of the Racing Rules of Sailing (RRS) of the (ISAF) as published by the C.Y.A.

The finish line will be between the Blue Flag on the Committee Boat and the designated Mark and must be crossed from the direction of the last rounded mark. If it is necessary to shorten course a line may be established between the Committee Boat and (a) a Mark of the course, (b) a Marker topped with Code Flag "M", or (c) Mark 9.

Division 3 (Spinnaker) Boats, that are racing between Marks that are on opposite sides of the course, (such as 1 and 5, 2 and 6, 3 and 7 etc. with mark 9 in the middle of the course), for this fleet only, the course cannot be shortened to less than two complete legs. Since the committee boat is half way between the first Mark and the second Mark of the course, for this division only, in addition to flying the "S" flag and making two sound signals, the Race Committee will reinforce their decision to shorten course by calling the Spinnaker Fleet on **VHF channel 8** before the first boat rounds the leeward mark. If the "S" flag is flown, Mark 9 will become the finish mark on leg 3 of the course, the boats will finish at Mark 9 in the middle of Leg 3.

The decision to shorten course shall be made by the Race Committee at its sole discretion.

If such a decision is made the Race Committee will indicate this decision by hoisting Code Flag "S" and firing two guns or other sound signal as the first boat approaches the Mark at which the course is to be finished. The course may be shortened only for certain Divisions, in that case, the Division pennant for those divisions affected will also be hoisted.

If for any reason the Committee Boat is not on station at the Finish Mark, all boats will finish themselves by noting their position and time of passing the Finish Mark and the names or sail numbers of the boats immediately in front of and behind them together with their crossing times if possible. This information should be reported to the Committee Boat as soon as possible after docking at which time a time check should be made with the Committee Boat. (**Use GPS time**)

The Race Committee may abandon a race at any time. If any boat of a particular Division has crossed the finish line by this time, then that Division will be deemed to have completed the race and the finishers will be scored accordingly.

Any Division, which does not have any finishers at the time of abandonment, will be considered not to have raced and one will reduce the number of races for that Division. If no boat of any Division reaches the First Mark of the Course within one hour of the start of Shark Division or the Second Mark within one and a half hours, the race will be cancelled. All racing will cease 30 minutes after sunset or 9:00 pm whichever is earlier. Boats finishing more than 30 minutes after the finishing time of the first boat of the last fleet to finish will be considered as non-finishers.

8. FLAG SIGNALS

Flags are defined in the current Racing Rules of Sailing (RRS) of the International Sailing Federation (ISAF) as published by the C.Y.A.

9. PROTESTS

Protests should be reported to the RC boat before leaving the racing area.

Protests must be submitted in writing on standard forms available from the Race Committee or the Protest Committee. Completed forms must be handed to the Principal Race Officer within one hour of the Committee Boat docking. An Arbitrator may be assigned by the Fleet Captain or his representative to arbitrate a settlement of the protest with the skippers concerned. If this arbitration is not successful the Protest Committee will be convened.

After reviewing the protest, the Protest Committee Chairman or his delegate will inform the Protestor and Protestee when and where the protest hearing will be held.

If, in considering a Protest, the Protest Committee finds that any of the boats involved either deliberately infringed the rules, or otherwise behaved in a manner not consistent with good sportsmanship, or submitted a frivolous Protest, then it must report such finding to the Fleet Captain. After considering the facts of the case and on the advice of the Race Committee, the Fleet Captain may take any action he deems appropriate.

10. RACE DISCIPLINE

All skippers and crew participating in the Club races are expected to have a general knowledge of the Race Rules and to behave while racing in a sportsmanlike manner. The Race Committee and the Protest Committee will report to the Fleet Captain the skipper or crew of any boat, which either consistently or deliberately infringes the Race Rules or otherwise behaves in a manner detrimental to the sport of yacht racing. After

considering the facts, the Fleet Captain may take any appropriate action against the skipper or crew. Such action could include suspension of the skipper or crew from Club racing either for the series or the season.

11. SCORING

The finishing position of a boat in each race will be determined by the Time-On-Time scoring method. Boats competing in a One-Design Fleet (i.e. Sharks etc.) shall conform to their class rules. Boats competing in the PHRF (Racing) Fleet must have a valid PHRF-LO certificate. Boats competing in the MCC (Cruising) Fleet will have a handicap assigned based on their personal performance over the past years results. This rating shall be reviewed and adjusted annually. An owner with a new boat or a boat with a new owner shall have a base rating assigned for the first year.

The makeup races shall be assigned to a series, as determined by the Race Comm., and posted on the Race Notice Board.

A boat which goes to the assistance of any vessel or person in peril during a race or which, holding right of way, is disabled by a foul upheld by sustained protest and does not finish the race for either of these reasons, shall, at the end of the race series, be given a score for that race equivalent to it's average score in that series.

12. SAFETY

Whether to start or continue in a race is the sole responsibility of the skipper, likewise the Committee boat Crew have the right to venture forth or not depending on their view of the pending weather conditions. When racing, all boats must have a minimum of two persons aboard, carry the equipment specified by the MOT Safety Guide and also **a working VHF Radio**. It is recommended that all boats obtain a Coast Guard Safety Inspection Certificate and wear approved life saving devices at all times.

In severe weather the race Committee may, at its discretion, fly the "Y" flag (wear personal buoyancy). When flown, any boat that is observed by the Race Committee to have one or more of its crew not wearing personal buoyancy will be automatically disqualified for that race.

The Race Committee will endeavour to monitor **VHF Channel 08**. **A boat unable to finish a Race must report to the Race Committee either directly or by radio before leaving the racing area. Failure to report will incur a penalty in the next race sailed. This penalty will be an increase of that boat's elapsed time of 20%.**